

# April Menu 2022



Monday	Tuesday	Wednesday	Thursday	Friday
II	12	13	14	15
Macaroni & Cheese ♥V EUSD Cheese Pizza ♥V Yogurt & Granola V ®	Shredded Chicken Taco & Tortilla Chips Grass Fed Beef Hotdog Sunbutter Sandwich & String Cheese V	Grilled Cheese Sandwich w√ Orange Chicken & Brown Rice Yogurt & Granola √⊕	Chicken & Waffles EUSD Cheese Pizza V Sunbutter Sandwich & String Cheese V	Brunch for Lunch Amozzarella Breadsticks & Marinara V Yogurt & Granola V Chocolate Chip Cookie V
18	19	20	21	22
Chicken Tenders EUSD Cheese Pizza ♥V Yogurt & Granola V®	Grass Fed Organic Beef Bolognese Pasta Crispy Chicken Sandwich Sunbutter Sandwich & String Cheese	Cheese Quesadilla ♥V Teriyaki Chicken ® & Chow Mein Yogurt & Granola V®	Turkey & Cheese Sub Sandwich Chicken Tenders EUSD Cheese Pizza Sunbutter Sandwich & String Cheese	All Beef Hamburger Macaroni & Cheese V  Yogurt & Granola V  Chocolate Brownie V
25	26	27	28	29
EUSD Spaghetti & Marinara V EUSD Cheese Pizza V Yogurt & Granola V F Fruit Popsicle	Chicken Chile Verde Tamale (F) Grass Fed Beef Hotdog Sunbutter Sandwich & String Cheese V	Grilled Cheese Sandwich wV Orange Chicken & Brown Rice Yogurt & Granola V⊕	Chicken & Waffles EUSD Cheese Pizza V Sunbutter Sandwich & String Cheese V	Brunch for Lunch Amozzarella Breadsticks & Marinara V Yogurt & Granola V Chocolate Chip Cookie V

## Meals are <u>FREE</u> for all students Adults: \$5.00



- -Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com.
- -Lunch includes: 1 entrée, locally sourced milk, assorted fruits/veggies and any side items
- -Food Allergies:
  - Most <u>Gluten free</u> entrées are gluten free without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve gluten free items but our kitchens are not gluten free facilities.
  - Items may be processed in facilities that also process <u>nuts</u> and other allergens.
  - If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website and return to your school nurse:
     <a href="http://www.eusd.net/child-nutrition-services/student-menus-">http://www.eusd.net/child-nutrition-services/student-menus-</a>
- nutrition-and-allergen-information/
  -This institution is an equal opportunity provider
- \*\*Menus are subject to change without notice

### Eat a Rainbow Week: April 25-29

Monday is Red/Pink Day

**Regionally Grown Strawberries & Rad Radishes** 

Tuesday is Yellow/Orange Day

Pineapple & Mango Chunks

Wednesday is Green Day

Honeydew Melon & Broccoli

Thursday is Blue/Purple Day

Shredded Beets & Blueberries

Friday is White/Brown Day

Jicama Sticks & Garbanzo Beans

### **Breakfast: Served Daily at OK & PEC**

Breakfast served daily before school

Menu:

-Maple Belgian Waffle -

- Maple Mini Pancakes

-Yogurt & Granola -Bagel & Cream Cheese -Assorted WG Cereal -Whole Grain Muffins

-String Cheese

- Assorted Oatmeal

Includes a choice of milk, 100% fruit juice and fresh fruit

#### Daily Salad Bar:

Fresh, Seasonal, California-Grown!
Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab
Grown organic lettuce and seasonal veggies!

Mondays: Locally Grown Gold Nugget Tangerines

<u>Tuesdays:</u> Super Sliced Apples & Jicama Wednesdays: Petite Bananas

<u>Thursdays</u>: Pineapple chunks and Sliced Cucumbers

<u>Fridays:</u> California Grown Sliced Valencia Oranges

Various dressings are offered daily including a roption.

Contains Pork: Gluten Free: P Vegetarian: V

Scratch-made Fresh Daily: