

## December Menu 202



Monday	Tuesday	Wednesday	Thursday	Friday
Kids Eat Free			۲ Turkey & Cheese Sub Sandwich EUSD Cheese Pizza کر Benefit Bar & String Cheese V	2 All Beef Hamburger Veggie Burger √ Macaroni & Cheese √ Yogurt & Granola √ Chocolate Chip Cookie √
5 Chicken Tenders EUSD Cheese Pizza ∭√ Yogurt & Granola √ <b>@</b>	6 Grass Fed Beef Hotdog Veggie Burger √ Crunchy Grass Fed Organic Beef Taco @ Sunbutter Sandwich & String Cheese √	7 Grilled Cheese Sandwich ♥ Macaroni & Cheese ♥ Yogurt & Granola ♥ ♥	8 Chicken & Waffles EUSD Cheese Pizza √ ₪ Benefit Bar & String Cheese √	9 Brunch for Lunch Mozzarella Breadsticks & Marinara Yogurt & Granola V Snickerdoodle Cookie V
12 Pasta with Butter Parmesan Sauce الله لا EUSD Cheese Pizza الله لا Yogurt & Granola که	13 Mighty Chicken Meatball Sub Sandwich with EUSD Marinara Chicken Tenders Sunbutter Sandwich & String Cheese √	۲4 Cheese Quesadilla Orange Chicken & Brown Rice Yogurt & Granola V ا	15 All Beef Hamburger EUSD Cheese Pizza سَلَاً Benefit Bar & String Cheese	16 Grass Fed Beef Hotdog Veggie Burger √ Macaroni & Cheese √ Yogurt & Granola √ Chocolate Brownie √
19 EUSD Spaghetti & Marinara V EUSD Cheese Pizza W Yogurt & Granola V All Fruit Popsicle V ®	20 Crispy Chicken Sandwich Warm Soft Pretzel with Cheddar Cheese Dip√ Sunbutter Sandwich & String Cheese √	21 Grilled Cheese Sandwich W Orange Chicken & Chicken Egg Roll Yogurt & Granola V ∰	22 Fiesta Nacho Tower √ with Grass Fed Organic Beef EUSD Cheese Pizza  √ Benefit Bar & String Cheese √	

## -Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: <a href="http://www.schoolcafe.com">www.schoolcafe.com</a>.

-Lunch includes: 1 entrée, locally sourced milk, assorted fruits/veggies and any side items -Food Allergies:

- Most <u>Gluten free</u> entrées are gluten free without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve gluten free items but our kitchens are not gluten free facilities.
- Items may be processed in facilities that also process <u>nuts</u> and other allergens.
- If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website and return to your school nurse: <u>http://www.eusd.net/child-nutrition-services/studentmenus-nutrition-and-allergen-information/</u>

\*\*Menus are subject to change without notice This institution is an equal opportunity provider

> Meals are <u>FREE</u> for EUSD students Adult Lunch: \$5.00, Adult Breakfast: \$3.00

## Breakfast Menu

Breakfast is served at every school daily (Service time varies based on site. Check with your school office for mealtimes) Breakfast includes a choice of Entrée, Fruit, Milk and String cheese

<u>Monday</u>: Cereal of the Week Sweet Potato Chocolate Chip Muffin <u>Tuesday</u>: Banana Bread Benefit Bar & Yogurt <u>Wednesday</u>: Maple Belgian Waffle Cereal of the Week <u>Thursday</u>: Mini Pancakes Strawberry Bagel & Cream Cheese <u>Friday</u>: Buttermilk Twin Bars Cereal of the Week

## Daily Salad Bar:

Fresh, Seasonal, California-Grown! Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

<u>Mondays:</u> Locally Grown Halo Tangerines <u>Tuesdays:</u> Super Sliced Apples & Celery <u>Wednesdays:</u> Locally Grown Persimmons & Jicama <u>Thursdays:</u> Regionally Grown Apple Pears & & Sliced Farm Lab Cucumbers <u>Fridays:</u> Locally Grown Valencia Orange Slices Various dressings are offered daily including a **(F)** option.

> Contains Pork: ↔ Gluten Free: ☞ Vegetarian: ✓ Scratch-made Fresh Daily: ☞