Encinitas UNION SCHOOL DISTRICT

May Menu 2022



Various dressings are offered daily

including a 🗊 option.

Monday	Tuesday		Wednesday	Thursday		Friday
2	3		4		5	6
Macaroni & Cheese ♥♥ EUSD Cheese Pizza ♥♥ Yogurt & Granola ♥ ☞	Crunchy Grass Fed Organic Beef Taco மெச Grass Fed Beef Hotdog Sunbutter Sandwich & String Cheese√	Orange C	neese Sandwich ୖ⊯V hicken & Brown Rice GranolaV®	Yogurt & Berry Parfait with Granola V Chicken Tenders EUSD Cheese Pizza Sunbutter Sandwich & String	Cheese√	Brunch for Lunch 💭 Mozzarella Breadsticks & Marinara√ Yogurt & Granola√ Chocolate Brownie√
9	ΙΟ		II		I2	I
Chicken Tenders EUSD Cheese Pizzaŵ√ Yogurt & Granolaè	Grass Fed Organic Beef Bolognese Pasta Crispy Chicken Sandwich Sunbutter Sandwich & String Cheese√	Cheese Quesadilla Teriyaki Chicken & Brown Rice Yogurt & Granola V		Fiesta Nachos with Seasoned EUSD Cheese Pizza ₩V Sunbutter Sandwich & String		All Beef Hamburger Veggie Burger√ Macaroni & Cheese√ Yogurt & Granola√ Strawberry Cup√
16	17		18		19	20
EUSD Spaghetti & Marinara``øV EUSD Cheese Pizza [™] V Yogurt & GranolaV®	Cheese Chile Verde Tamale ☞ ✓ Grass Fed Beef Hotdog Sunbutter Sandwich & String Cheese ✓	Grilled Cheese Sandwich ☞√ Orange Chicken & Brown Rice Yogurt & Granola √ ☞		Chicken & Waffles EUSD Cheese Pizza窗√ Sunbutter Sandwich & String Cheese√		Brunch for Lunch ♀ Mozzarella Breadsticks & Marinara√ Yogurt & Granola V ☞ Sugar Cookie V
23			25		26	2
Pasta with Butter Parmesan Sauce W√ EUSD Cheese PizzaW√ Yogurt & Granola√ Fruit Popsicle√ ^(BP)	Baja Fish Taco with Alaskan Pollock & Tortilla Chips Crispy Chicken Sandwich Sunbutter Sandwich & String Cheese√	Cheese Quesadilla Teriyaki Chicken & Brown Rice Yogurt & Granola V		Mighty Meatball Marinara Pasta⊠ EUSD Cheese Pizzaŵ√ Sunbutter Sandwich & String Cheese		All Beef Hamburger Veggie Burger √ Macaroni & Cheese √ Yogurt & Granola √ Strawberry Cup √ €
30	31					
Memorial Day Holiday	Bean & Cheese Pupusa ☞ Grass Fed Beef Hotdog Sunbutter Sandwich & String Cheese √]	Meals are FR for all EUSI students Adults: \$5.00	Kids Sat Free		Daily Salad Bar: Fresh, Seasonal, California-Grown! Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!
 -Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com. -Lunch includes: I entrée, locally sourced milk, assorted fruits/veggies and any side items -Food Allergies: Most <u>Gluten free</u> entrées are gluten free without the bread/bun/tortilla/etc. Corn tortilla available upon request. We serve gluten free items but our kitchens are not gluten free facilities. Items may be processed in facilities that also process <u>nuts</u> and other allergens. If your child may need a special meal accommodation, please fill out the Request for Spe Meals Form on or Child Nutrition-services/student-menus-nutrition-and-allergen-information/ **Menus are subject to change without notice This institution is an equal opportunity provider			Breakfast: Served Daily at OK & PEC Breakfast served daily before school <u>Menu:</u> -Maple Belgian Waffle -Yogurt & Granola -Assorted WG Cereal -Bagel & Cream Cheese -Whole Grain Muffins -String Cheese -Maple Mini Pancakes Include a choice of milk Loo% fruit inice and frach fruit		<u>Mondays:</u> Honeydew Melon <u>Tuesdays:</u> Super Sliced Apples & Jicama <u>Wednesdays:</u> California Grown Apricots & Sliced Cucumbers <u>Thursdays:</u> Bananas & Organic Farm Lab Shredded Beets/Broccoli <u>Fridays:</u> Locally Grown Valencia Orange Slices	

Includes a choice of milk, 100% fruit juice and fresh fruit